

<u>Monday 1st August AM</u>	<u>Tuesday 2nd August AM</u>	<u>Wednesday 3rd August AM</u>	<u>Thursday 4th August AM</u>	<u>Friday 5th August AM</u>	<u>Saturday 6th August AM</u>	<u>Sunday 7th August AM</u>
<u>Lounge Windsor</u> 10am TV Choice/Commonwealth Games	<u>Lounge Windsor</u> 10am- TV Choice / Commonwealth Games	<u>Lounge Windsor</u> 10am- Music Choice / Commonwealth Games	<u>Lounge Windsor</u> 11am- TV Choice /Commonwealth Games	<u>Lounge Windsor</u> 10am – TV choice / Commonwealth Games	<u>Lounge Windsor</u> 10am – TV choice / Commonwealth Games	<u>Lounge Windsor</u> 10am – TV Choice / Commonwealth Games
<u>Film House</u> 10am- Current Affairs/Newspapers	<u>Film House</u> 10am – Current Affairs/Newspapers	<u>Film House</u> 10 am – Current Affairs/Newspapers	<u>Film House</u> 10am- Current Affairs/Newspapers 11.am -Gentlemans Club	<u>Film House</u> 10am- Current Affairs/Newspapers	<u>Film House</u> 10am - Current Affairs/Newspapers	<u>Film House</u> 11am – St Albans Abbey Choral Eucharist on You Tube (CL)
<u>Lounge Balmoral</u> 11am- Relaxing Music	<u>Lounge Balmoral – 11am</u> <u>Pampers and Manicures</u>	<u>Lounge Balmoral</u> 11am – Old School Days/Reminicing	<u>Lounge Balmoral</u> 11am – Movie Time	<u>Lounge Balmoral</u> 11am – Book Club	<u>Lounge Balmoral</u> 10am – Music Choice (CL)	<u>Lounge Balmoral</u> 10am – Music Choice(CL)
<u>Zen Room</u> 11am- Singalong with Rose 	<u>Orangery Room</u> 11am- Parachute Therapy 	<u>Zen Room</u> 11am – Skittles/Hoopla 	<u>Orangery Room</u> 11am – Reminiscing/ Brain Games	<u>Zen Room</u> 11am – Magic Painting 	<u>Zen Room</u> 11am – puzzles (CL) 	<u>Zen Room</u> 11am- Music and relaxation (CL) 
<u>Monday pm</u>  <u>Lounge Windsor</u> 2pm – Gentle Exercises/Book Club	<u>Tuesday pm</u> <u>Lounge Windsor</u> 2pm – Bingo 	<u>Wednesday pm</u> <u>Lounge Windsor</u> 2pm – Arts and Crafts 	<u>Thursday PM</u> <u>Lounge Windsor</u> 2pm – Flower Arranging 	<u>Friday PM</u> <u>Lounge Windsor</u> 2pm – Rebus Puzzles/Quiz 	<u>Saturday PM</u> <u>Lounge Windsor</u> 2pm- TV Film Choice (CL)	<u>Sunday PM</u> <u>Film Room</u> 2pm – Sunday Matinee(CL) <u>Lounge</u> <u>Windsor</u> 2pm- Music Choice(CL) 
<u>Film House</u> 2pm- Movie Time	<u>Film House</u> 2pm Movie Time	<u>Film House</u> 2pm – Movie Time	<u>Film House</u> 2pm – Movie Time	<u>Film House</u> 2pm – Movie Time	<u>Film House</u> 2pm – YouTube Documentary (CL)	
<u>Lounge Balmoral</u> 2pm – TV Choice	<u>Lounge Balmoral</u> 2pm – Movie Time	<u>Lounge Balmoral</u> 2pm – Arts and Crafts	<u>Balmoral Lounge</u> 2pm - Lets play a quiz	<u>Lounge Balmoral</u> 2pm- Poetry Session	<u>Lounge Balmoral</u> 2pm – TV Film Choice/ puzzles(CL)	