

Monday

Lunch

Beef Dumplings
Ricotta in tomato sauce
Served with Garlic Bread & Mixed vegetables

◦◦
Cheesecake
◦◦

Afternoon Tea—Lemon Drizzle Cake

◦◦

Supper

Vegetable Soup
Chick pea curry and rice
Egg Sandwiches
Chicken Sandwiches
On a selection of white or brown bread

◦◦
Strawberry Mousse



Tuesday

Lunch

Salmon & Parsley
Vegetarian Sausage Stew
Served with New Potatoes & Mixed Veg

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Sticky Toffee Pudding
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Afternoon Tea—Rocky Bites

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Supper

Lentil Soup
Sausage & Mash with Gravy
Tortilla Selection
Cheese Sandwiches
On a selection of white or brown bread

◦◦
Eton Mess



Wednesday

Lunch

Lamb Curry
Veggie Curry
Served with Rice & Country Veg

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Sultana Sponge & Custard
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Afternoon Tea—Coffee Cake

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Supper

Tomato Soup
Fish Fingers & Chips
Egg Sandwiches
Ham Sandwiches
On a selection of white or brown bread

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Fruity Orange Jelly



Thursday

Lunch

Pork Stew
Spinach Cannelloni
Served with Mashed Potatoes & Broccoli

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Apple pie & custard
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Afternoon Tea—Scones

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Supper

Mushroom Soup
Chicken Stir Fry
BLT Sandwiches
Cheese Sandwiches
On a selection of white or brown bread

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Pavlova

Friday

Lunch

Battered Fish & Chips
Vegetarian Curry & Rice
Served with Mushy Peas, Tartar Sauce & Lemon

Chips
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Rice Pudding & Custard
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Afternoon Tea—Banana Sponge

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Supper

Cream of Parsnip Soup
Cauliflower Cheese Bake
Egg Sandwiches
Tuna Sandwiches
On a selection of white or brown bread

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Lemon Tart



Saturday

Lunch

Chicken Ragu
Spinach Ricotta
Served with
New Potato & Mixed vegetables

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Stewed Apple & Custard
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Afternoon Tea—Jam Tarts

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Supper

French onion soup
Pizza & Chips
Cheese Sandwiches
Corned Beef Sandwiches
On a selection of white or brown bread

◦◦
Profiteroles

Sunday

Lunch

Roast Pork with Stuffing
Served with all the trimmings
Tomato Pasta Bolognaise

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Fruit Sponge & Custard
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Afternoon Tea—Swiss Roll

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Supper

Broccoli Soup
Jacket Potato with a Selection of Fillings
Ham & Pickle Sandwiches
Egg & Tomato Sandwiches
On a selection of white or brown bread

◦◦
Banana Mousse



“Outstanding Food at Alban Manor”



If you have any allergies please let the chef know. Chocolate and Snacks are available on all tea trolleys. If there is anything different you would like please ask our Chef. Please let us know if there is anything that you would like changing. We welcome suggestions

Selections available every day

Breakfast

Tea or coffee
Apple, Orange & Cranberry juice
Choice of Cereals
Toast
White or Wholemeal rolls
Marmalade, Jam, Marmite
Selection of Eggs
Full English Breakfast

Morning Tea

Tea or Coffee
Choice of Fruit Squashes
Biscuit Selection
Milkshakes
Mousse
Crisps
De-caff

Lunch

Daily Main Meal
Daily Vegetarian Option
Seasonal Vegetables
Daily choice of Potatoes
Assorted Omelettes
Choice of Salads
Jacket Potatoes with a selection of toppings

Dessert

Ice Cream
Assorted Mousse's
Yoghurt
Fresh Fruit
Tea or Coffee

Afternoon Tea

Tea or Coffee
Choice of Fruit Squashes
Homemade Cakes
Biscuit Selection
Milkshakes
Mousse
Crisps
De-caff

Supper

Daily Supper Meal
Choice of fruit Squashes
Bread & Butter
Assorted Sandwiches
Cheese & biscuits
Fresh Fruit
Salad
Tea or Coffee

Evening Tea

Tea or Coffee
Choice of Fruit Squashes
Hot Chocolate
Ovaltine
Horlicks