

Monday

Lunch

Chicken & Leek Pie
Vegetable Pie
Served with Vegetables, Mash & Gravy
Upside down Pineapple Cake
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Afternoon Tea— Almond Sponge

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Supper

Minted Pea Soup
Jacket Potato with Cheese & Beans
Tuna Sandwiches
Egg Mayonnaise & Tomato Sandwiches
On a selection of white or brown bread
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Pears & Cream

Tuesday

Lunch

Fish Pie with Country Mixed Veg
Potato & Onion Pie with Veg Gravy
Served with vegetables & Parsley Sauce
Apple Crumble & Custard
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Afternoon Tea— Lemon Drizzle

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Supper

Potato & Leek Soup
Cheese & Tomato Pasta
Chicken & Mayonnaise Sandwiches
Cheese & Pickle Sandwiches
On a selection of white or brown bread
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Strawberry Jelly

Wednesday

Lunch

Beef Lasagna
Spinach & Potato Curry
Served with Rice
Chocolate Sponge & Chocolate Custard
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Afternoon Tea—Victoria Sponge

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Supper

Curried Cauliflower Soup
Cod Goujons & Wedges
Corned Beef & Pickle Sandwiches
Ham & Tomato Sandwiches
On a selection of white or brown bread
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Chocolate Orange Mousse

Thursday

Lunch

Shepherds Pie
Quorn Pie
Served with Vegetables & Gravy
Semolina
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Afternoon Tea— Apricot Cake

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Supper

Tomato & Basil Soup
Sausage Roll & Beans
Egg & Tomato Sandwiches
Tuna Mayonnaise & Cucumber Sandwiches
On a selection of white or brown bread
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Eton Mess

Friday

Lunch

Battered Cod & Chips
Macaroni Cheese
Served with Mushy Peas
Almond Sponge Cake
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Afternoon Tea— Coconut Cake

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Supper

Vegetable Soup
Sausage, Mash & Gravy
Cheese & Onion Sandwiches
Ham & Pickle Sandwiches
On a selection of white or brown bread
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Orange Jelly & Fruit

Saturday

Lunch

Pork Goulash
Vegetable Goulash
Served with Rice
Rice Pudding
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Afternoon Tea—Fruit Cake

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Supper

Carrot & Coriander Soup
Ham, Eggs & Hash Brown
Chicken Mayonnaise Sandwiches
Egg Mayonnaise Sandwiches
On a selection of white or brown bread
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Trifle

Sunday

Lunch

Roast Beef with Yorkshire Puddings
Vegetable Hot Pot
Served with all the trimmings
Sultana Sponge & Custard
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Afternoon Tea—Chocolate Cake

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Supper

Lentil & Potato Soup
Pizza & Salad
Ham & Pickle Sandwiches
Cheese & Tomato Sandwiches
Corned Beef Sandwiches
On a selection of white or brown bread
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Strawberry Mousse

“Outstanding Food at Alban Manor”



If you have any allergies please let the chef know. Chocolate and Snacks are available on all tea trolleys. If there is anything different you would like please ask our Chef. Please let us know if there is anything that you would like changing. We welcome suggestions

Selections available every day

Breakfast

Tea or coffee
Apple, Orange & Cranberry juice
Choice of Cereals
Toast
White or Wholemeal rolls
Marmalade, Jam, Marmite
Selection of Eggs
Full English Breakfast

Morning Tea

Tea or Coffee
Choice of Fruit Squashes
Biscuit Selection
Assorted Sandwiches
Milkshakes

Lunch

Daily Main Meal
Daily Vegetarian Option
Seasonal Vegetables
Daily choice of Potatoes
Assorted Omelettes
Choice of Salads
Sausages
Jacket Potatoes with a selection of toppings

Dessert

Ice Cream
Assorted Mousse's
Homemade Yoghurt
Fresh Fruit
Tea or Coffee

Afternoon Tea

Tea or Coffee
Choice of Fruit Squashes
Homemade Cakes
Biscuit Selection
Assorted Sandwiches
Milkshakes

Supper

Daily Supper Meal
Choice of fruit Squashes
Bread & Butter
Assorted Sandwiches
Cheese & biscuits
Fresh Fruit
Tea or Coffee

Evening Tea

Tea or Coffee
Choice of Fruit Squashes
Hot Chocolate
Ovaltine
Horlicks