

**Monday**

**Lunch**

Fish Pie  
Vegetable Casserole  
Served with Garden Peas & Carrots



100

Bread & Butter pudding & Custard

100

Afternoon Tea—Lemon Drizzle Cake

100

**Supper**

Mushroom Soup  
Cheese & Onion quiche  
Cheese & Onion Sandwiches  
Ham & Cucumber Sandwiches

On a selection of white or brown bread

100

Chocolate Mousse

**Tuesday**

**Lunch**

Lasagne  
Veggie Lasagne  
Served with Garlic Bread & Gravy



100

Apple strudel with custard

100

Afternoon Tea—Coffee Cake

100

**Supper**

Cauliflower Soup  
Fish Fingers & Chips  
Tuna Sandwiches  
Egg Mayo Sandwiches

On a selection of white or brown bread

100

Arctic Roll

**Wednesday**

**Lunch**

Chicken Stroganoff  
Vegetable Stroganoff  
Served with Mash Potatoes, Red Cabbage & Gravy



100

Almond Sponge & Custard

100

Afternoon Tea—Chocolate Brownie

**Supper**

Tomato Soup  
Meatballs & Mash with Gravy  
Cheese & Pickle Sandwiches  
Chicken Mayo Sandwiches

On a selection of white or brown bread

100

Jelly & Cream

**Thursday**

**Lunch**

Cottage Pie  
Potato & Onion Pie topped with Cheese  
Served with dauphinoise potatoes & Chunky Vegetables & Gravy

100

Rhubarb crumble with Chocolate Custard

100

Afternoon Tea—Flapjack

**Supper**

Broccoli Soup  
Frittata  
Ham & Cucumber Sandwiches  
Egg & Tomato Sandwiches

On a selection of white or brown bread

100

Ice Cream sponge roll



**Friday**

**Lunch**

Sausage & Mash  
Served with Peas & Gravy  
Falafel in Tomato Sauce



100

Steamed Pears with Custard

100

Afternoon Tea—Jam Sponge

100

**Supper**

Minestrone Soup  
Cheese & Onion Pasties  
Cheese & Onion Sandwiches  
Chicken Mayo Sandwiches

On a selection of white or brown bread

100

Fruit & Cream

**Saturday**

**Lunch**

Fish & Chips  
Served with Mushy Peas, Tartare Sauce & Lemon Wedges  
Veggie Sausages

100

Upside down Pineapple Cake

100

Afternoon Tea—Lemon Tart

**Supper**

Pea Soup  
Cauliflower Cheese Bake  
Corned Beef Sandwiches  
Egg Mayo Sandwiches

On a selection of white or brown bread

100

Trifle

**Sunday**

**Lunch**

Honey Roast Gammon  
Cheese & Tomato Pasta Bake  
Served with Roast Potatoes, cauliflower cheese & Carrots



100

Apple Pie & Custard

100

Afternoon Tea—Scones

**Supper**

French Onion Soup  
Sausage Roll with Potato Wedges  
Tuna Mayo Sandwiches  
Cheese Mayo Sandwiches

On a selection of white or brown bread

100

Fruit Cocktail

**"Outstanding Food at Alban Manor"**



If you have any allergies please let the chef know. Chocolate and Snacks are available on all tea trolleys. If there is anything different you would like please ask our Chef. Please let us know if there is anything that you would like changing. We welcome suggestions

**Selections available every day**

Breakfast	Morning Tea	Lunch	Dessert	Afternoon Tea	Supper	Evening Tea
Tea or coffee Apple, Orange & Cranberry juice Choice of Cereals Toast White or Wholemeal rolls Marmalade, Jam, Marmite Selection of Eggs Full English Breakfast	Tea or Coffee Choice of Fruit Squashes Biscuit Selection Assorted Sandwiches Milkshakes	Daily Main Meal Daily Vegetarian Option Seasonal Vegetables Daily choice of Potatoes Assorted Omelettes Choice of Salads Sausages Jacket Potatoes with a selection of toppings	Ice Cream Assorted Mousse's Homemade Yoghurt Fresh Fruit Tea or Coffee	Tea or Coffee Choice of Fruit Squashes Homemade Cakes Biscuit Selection Assorted Sandwiches Milkshakes	Daily Supper Meal Choice of fruit Squashes Bread & Butter Assorted Sandwiches Cheese & biscuits Fresh Fruit Tea or Coffee	Tea or Coffee Choice of Fruit Squashes Hot Chocolate Ovaltine Horlicks