





## Busy Social Calendar

Magic is in the air and Christmas is here, it is the most wonderful time of year. Bring in the nostalgia and make as many memories as you can for years to come. A special time to reflect and make resolutions, with beliefs of doing better and making a difference. We have lots of things to look forward to with the Advent, Elf Day, International Day of People with Disabilities, Christmas Jumper Day, Bodhi Day, Human Rights Day, Hanukkah, Yule & Winter Solstice, Christmas, Kwanzaa and New Years. We shall be celebrating however we can and appreciating all those we have the opportunity of sharing these events with.



### Last issues riddle answer...

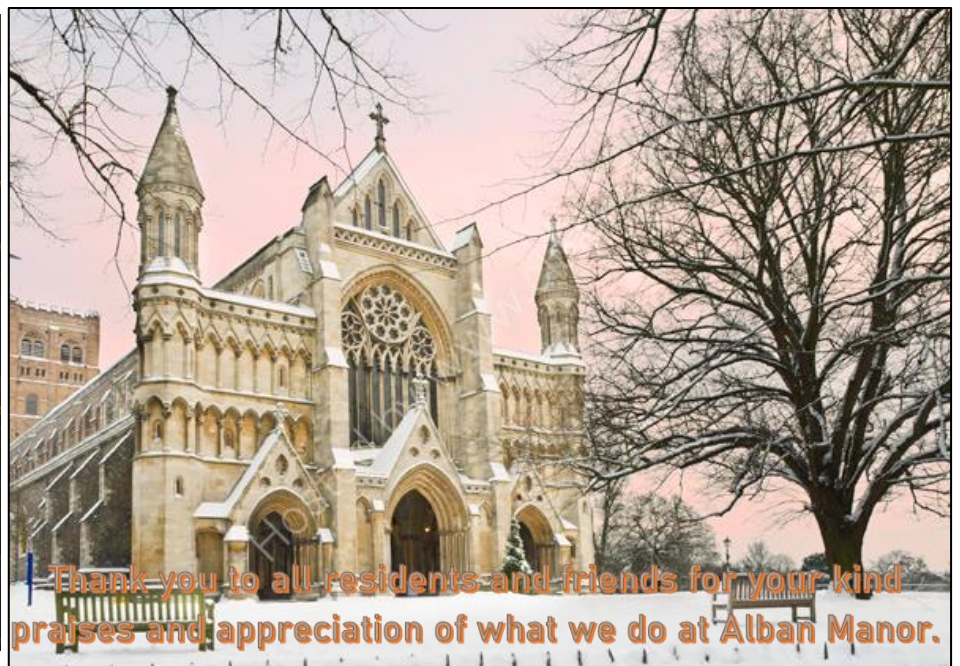
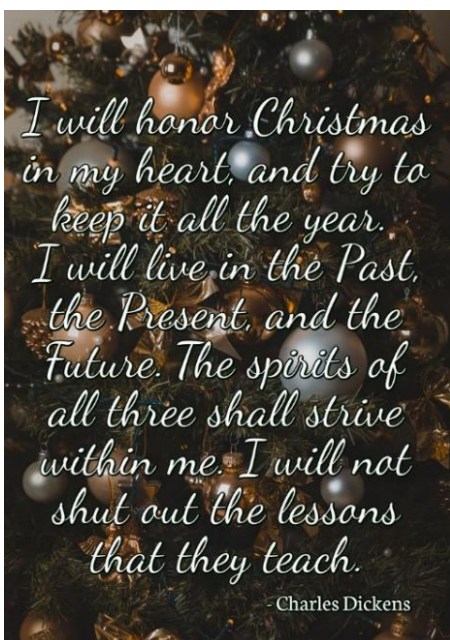
Time



### In-House Activities

We have lots of activities in-house too. We have on offer the following: yoga, sing-a-longs, garden club, book club, film society, arts & crafts, current affairs, quizzes/ puzzles, bingo, religious services, mobile library etc. We have various professional entertainers coming to the Home too. Of course, no social calendar is complete without visits to our local sights such as our very own beautiful Cathedral in St Albans, local pubs, parks, and other places of interest, which we hope to visit whenever we can. We are always happy to receive suggestions for our social programme and will do our best to arrange anything you wish to see included. We also use our fantastic activities platform Oomph.

**We would like to proudly announce that Alban Manor has won the Residential Care Team of the Year at Hertfordshire Care Awards 2023. This recognition is highly appreciated by our team who work hard to provide a great service to our residents.**



**Thank you to all residents and friends for your kind praises and appreciation of what we do at Alban Manor.**