

Activities at Alban Manor

December 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Tree Dressing Day 10am Pamper Morning One2One  2pm Sing-a-long-with Rose	2 10am Lets Play with Puppy One2One  2pm Lets Play "Oomph"	3 Elf Day 10am:One2One  2pm Music Afternoon	4 National Sock Day 10am: One2One  2pm You Choose	5 10.00am Malcolm's Dynamic Dominoes  SUNDAY CINEMA 2.00pm MovieTime-You Choose
6 St Nicholas' Day 10am Chair Foot Cycle  2pm Lets' Paint/Make Xmas Cards	7 PearlHarbourDay 11am Zoom Exercise HCPA One2One  2pm Afternoon Matinee/Music	8 10am PamperDay One2One  2pm Xmas Arts&Crafts	9 10.00am Poetry One2One  2pm Let's Draw/BookClub	10 Xmas Jumper Day 10am Bookclub  2.00pm Outing/Music Afternoon	11 10.00am One2One:Quiz  2.00pm Reminiscing	12 10.00am Malcolm's Dynamic Dominoes  2.00pm Sunday Papers/Puzzles
13 Hot Chocloate Day 10am Chair Foot Cycle  HowDoYouDo?  2.00pm Allotment Afternoon	14 11am Zoom Exercise HCPA  Music Afternoon:2pm David Meek SingAlong/Choir 7pm  2.00pm MincePie&Mulled Wine Party	15 CupCake Day 10.00am One2One  PamperDay  2.00pm Yoga	16 ChcolateCoveredDay 10.00am Cookery Club   2.00pm Sing-a-long with Rose	17 Maple Syrup Day 10.00am Chair Foot Cycle/  2.00pm Outing/Xmas Carols	18 10.00am One2One  Let's Draw  2pm You Choose	19 10.00am Malcolm's Dynamic Dominoes Xmas Stories   2.00pm Reminiscing
20 10.00am Coffee&Chat/ Crossword & Puzzles  2.30pm Balloon G- Paint 	21 Winter Solstice One2One 11am Zoom Exercise HCPA  2pm Afternoon Matinee	22 MincePieDay 10am Pamper Morning Pamper Day  BINGO 2.00pm Lets Play Bingo	23 EggNog Day 10.00am Chair Foot Cycle  HowDoYouDo? One2One 2.00pm Flower Arranging	24 Christmas Eve 10am One2One  2.00pm Mulled Wine Afternoon with Music	25 Christmas Day 10.00am One2One  2.00pm Quizzes/Puzzles	26 Boxing Day 10.00am Malcolm's Dynamic Dominoes  2.00pm Religious O
27 FruitCake Day One2One: Walk in the Garden  2.00pn Gentle Exercises	28 11am Zoom Exercise HCPA  Arts&Crafts/Matinee	29 10am PamperDay One2One  2pm Let Play Word Games	30 Play with Puppy  2pm Story Time	31 New Years Eve 10amChairFootCycle  Sherry Afternoon 2pm " Goodbye 2021"		