




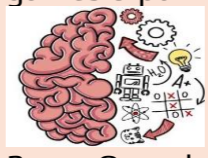










MONDAY 30th Sept to SUNDAY 6th October






Windsor Lounge

<p>Monday 30th 11 am Tokyo tour 1:30 Owl and bird prey</p> 	<p>Tuesday 1st 11 am- Documentary of choice</p>  <p>2 pm- Quiz and guess the song game</p>	<p>Wednesday 2nd 11 am- Social morning</p>  <p>2pm- Karaoke</p>	<p>Thursday 3rd 11 am – Wordsearch</p>  <p>2 pm – TV choice</p>	<p>Friday 4th 10:45 am- Exercise with Igor 2 pm – Bingo</p> 	<p>Saturday 5th 10 am- Brain training; games & puzzles</p>  <p>2 pm- Oomph Choice</p>	<p>Sunday 6th 10 am- Mindfulness; musical relaxation</p>  <p>2 pm – Oomph choice</p>
---	---	---	--	---	--	---





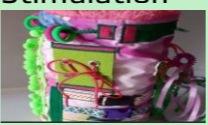


Windsor - The Film House

<p>Monday 1:30 pm Puzzles and Jigsaw</p> 	<p>Tuesday 10 am – German Group</p>  <p>2 pm - Popcorn Day</p>	<p>Wednesday 11:15 am- Discussion Group A</p>  <p>1: 30 pm- Table Games</p>	<p>Thursday 2 pm – Film of choice</p> 	<p>Friday 2 pm- Painting</p> 	<p>Saturday 2 pm-Brain Training jigsaw & puzzles</p> 	<p>Sunday 2 pm- Afternoon film; resident's choice</p> 
---	--	--	--	---	---	--

Balmoral Lounge

<p>Monday 11 am- Oomph (documentary of choice)</p>  <p>2 pm- Musical relaxation</p>	<p>Tuesday 11 am Exercise</p>  <p>2pm – Afternoon tea with Dean Martin</p>	<p>Wednesday 10 am- Music</p>  <p>2 pm- Film "Hollywood or Bust" Jerry Lewis and Dean Martin (1956)</p>	<p>Thursday 10 am- Sing along</p>  <p>2 pm – Balloon game</p>	<p>Friday 10 am- Exercise with Igor</p>  <p>2 pm- Painting</p>	<p>Saturday 10 am- Mindfulness; Musical Relaxation</p>  <p>2 pm-Oomph choice</p>	<p>Sunday 9 am- TV Choice</p>  <p>2 pm- Oomph choice</p>
---	--	--	---	--	--	--

The Orangery and The Zen Room

<p>Monday 11 am ZEN- Social morning and Magic table</p>  <p>2 pm Orangery – Tv choice</p>	<p>Tuesday 10:30 am Orangery- Mindfulness; Musical Relaxation</p>  <p>2 pm ZEN – Magic table</p>	<p>Wednesday 11 am Orangery- Games & Puzzles</p>  <p>2 pm ZEN -Magic table</p>	<p>Thursday 11 am Orangery – Classical music</p>  <p>2:30 pm ZEN – Magic table</p>	<p>Friday 11 am ZEN- Sensory Stimulation</p>  <p>2 pm Orangery -Music therapy</p>	<p>Saturday 11 am ZEN- Sensory Stimulation</p>  <p>2 pm Oomph choice</p>	<p>Sunday 11 am ZEN- Jigsaw & Puzzles</p> 
---	--	---	--	---	--	--

MONDAY 30th Sept to SUNDAY 6th October



						2 pm Orangery- Oomph choice
--	--	--	--	--	--	-----------------------------