

Monday 3rd AM	Tuesday 4th AM	Wednesday 5th AM	Thursday 6th AM	Friday 7th AM	Saturday 8 <sup>th</sup> AM	Sunday 9th
Lounge Windsor 10am- TV Choice 	Lounge Windsor 10am- TV Choice 	Lounge Windsor 10am- Music Choice 	Lounge Windsor 10am- TV Choice 	Lounge Windsor 10am – Christmas Music 	Lounge Windsor 10am – TV Choice)	Lounge Windsor 10am – TV Choice
<b>Film Room</b> 10am- Current Affairs/Newspaper 11am- DVD Documentary (CL)  <b>Lounge Balmoral</b> 10am- Current Affairs 11am- TV Choice	<b>Film Room</b> 11am- HCPA Exercise  <b>Lounge Balmoral</b> 10am- Current Affairs 11am - TV Choice	<b>Film Room</b> 10am- Current Affairs/Newspapers 11am- Gents Club (A)  <b>Lounge Balmoral</b> 10am- Current Affairs 11am - Music Choice	<b>Film Room</b> 10am- Current Affairs/Newspapers 11am- Puzzles (CL)  <b>Lounge Balmoral</b> 10am- Current Affairs 11am- Crossword	<b>Film Room</b> 10am- Current Affairs/Newspapers 11am- Pamper (CL)  <b>Lounge Balmoral</b> 10am- Current Affairs 11am- Christmas Music	 <b>Lounge Balmoral</b> 10am – Music Choice	 <b>Lounge Balmoral</b> 10am – TV Choice
<b>Zen Room</b> 11am- Exercise Foot cycle and games (A) 	<b>Zen Room</b> 11am- Games/fun exercise (A) 	<b>Zen Room</b> 11am - Sing along (R) 	<b>Zen Room</b> 11am – Reminiscence game School days (R)	<b>Zen Room</b> 11am – Aqua painting (R) 	<b>Zen Room</b> 11am Pamper (L) 	<b>Zen Room</b> 11am – Games and puzzles (L) 
<b>Monday PM</b>  <b>Lounge Windsor</b> 2pm – Film Choice	<b>Tuesday PM</b>  <b>Lounge Windsor</b> 2pm – TV Choice	<b>Wednesday PM</b>  <b>Lounge Windsor</b> 2pm- TV Film	<b>Thursday PM</b>  <b>Lounge Windsor</b> 2pm – TV Choice 	<b>Friday PM</b>  <b>Lounge Windsor</b> 2pm TV film choice	<b>Saturday PM</b>  <b>Lounge Windsor</b> 2pm- TV Film Choice	<b>Sunday PM</b> <b>Film Room</b> 2pm – Sunday Matinee <b>Lounge Windsor</b> 2pm- Music Choice 
<b>Film Room</b> 2pm – Bingo (A)  <b>Lounge Balmoral</b> 2pm – Puzzles 	<b>Film Room</b> 2pm Afternoon Matinee  <b>Lounge Balmoral</b> 2pm – TV Choice	<b>Film Room</b> 2pm- Card making (A)  <b>Lounge Balmoral</b> 2pm- TV Film	<b>Film Room</b> 2pm – Sing and sway chair exercise (A)  <b>Lounge Balmoral</b> 2pm- Music Choice 	<b>Film Room</b> 2pm – Reminiscence game school days (A) <b>Lounge Balmoral</b> 2pm – TV film choice	<b>Film House</b> 2pm Quiz (L)  <b>Lounge Balmoral</b> 2pm – TV Film Choice	 <b>Lounge Balmoral</b> 2pm – Music Choice
<b>Zen Room</b> 3pm – Card Bingo (CL)	<b>Zen Room</b> 3pm- Relaxing music (CL)	<b>Zen Room</b> 3pm- Pom Pom Oomph (CL)	<b>Zen Room</b> 3pm – Puzzles (CL)	<b>Zen Room</b> 3pm – Puzzles and games (R)	 	



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PM	PM	PM	PM	PM	PM	PM